

# THE JOY CODEX SURVEY

# INTEGRITY

Name: \_\_\_\_\_ Date: \_\_\_\_\_ TJC Rank: \_\_\_\_\_

*Pick one answer per question that best describes your current feelings about compassion.*

	ANSWER				Score	Weight	Total
	Y	S	N	NS			
1 Do you know what TJC integrity entails for self?	Y	S	N	NS		3	
2 How often do you make decisions with integrity for Self as a goal?***	D	W	M	Q	A	N	NS
3 Are you aware of the times you elevate integrity for Self?	Y	S	N	NS		2	
4 Are you aware of the things you do that increase Integrity for Self?	Y	S	N	NS		2	
5 Do you feel accomplishment when you elevate integrity for Self?	Y	S	N	NS		3	
6 Do you create an environment of integrity for Self?	Y	S	N	NS		3	
7 Can you identify integrity in Others?	Y	S	N	NS		4	
8 Do you facilitate interactions with Others that model integrity?	Y	S	N	NS		4	
9 Do you start each day with the intention to increase integrity for Self and Others?	Y	S	N	NS		5	
10 Do you want more integrity in your life for Self and Others?	Y	S	N	NS		4	
11 Do you have the skill and tools required to elevate integrity in your life?	Y	S	N	NS		5	
12 Are you willing to dedicate your time and energy to elevate integrity?	Y	S	N	NS		5	

Sum Total: \_\_\_\_\_

Sum Total /10: \_\_\_\_\_

New Total\*2: \_\_\_\_\_

KEY Y=YES, S=SOMETIMES, N=NEVER, NS=NOT SURE

\*\*\*DAILY/WEEKLY/MONTHLY/QUARTERLY/ANNUALLY/NEVER /NOT SURE (pick one)

**Round Totals Up or Down to Nearest Decimal**

Key Score	
Y	6
N	1
SOMETIMES	3
NOT SURE	2
DAILY	6
WEEKLY	5
MONTHLY	4
QUARTERLY	3
ANNUALLY	2
NEVER	1

### Measurement Rules

In order to get the TJC Rank, multiply the Score column by the Weight column for each question.  
 Enter that number in the Total column. Add the Total column and enter that number in to the Sum Total field.  
 Divide the number in the Sum Total field by 10 and rounding up or down to the nearest decimal. Enter that number in the Sum Total / 10 field. Multiply the Sum Total / 10 field by 2, rounding up or down to nearest decimal.  
 Enter that number in the New Total\*2 field. Compare that number to the Rankings and enter your ranking in the TJC Rank field at the top of the form. As an example, if I scored 39, I would write out Joyful-

### Rankings

49-52 Joyful +  
 44-48 Joyful  
 39-43 Joyful -  
 33-38 Neutral +  
 27-32 Neutral  
 16-26 Neutral -  
 ≤ 15 Unhappy