

THE JOY CODEX SURVEY

ALL ELEMENTS

Name: _____ Date: _____ TJC Rank: _____

Pick one answer per question that best describes your current feelings about responsibility.

ANSWER

Score Weight Total

1	Do you know what all of the elements of TJC entails for Self and Others?	Y	S	N	NS			3	
2	How often do you act with all of the elements of TJC?*	D	W	M	Q	A	N	NS	3
3	Are you aware of those moments that you act with the principles of TJC for Self and Others?	Y	S	N	NS				2
4	Does your behavior reflect TJC principles for Self?	Y	S	N	NS				2
5	Do you demonstrate TJC principles?	Y	S	N	NS				3
6	Do you set healthy boundaries with TJC as a primary influence?	Y	S	N	NS				3
7	Do you act cognitively with the principles of TJC when interacting with Others?	Y	S	N	NS				4
8	Do you communicate with the principles of TJC ?	Y	S	N	NS				4
9	Do you start each day with the intention to demonstrate TJC for Self and Others?	Y	S	N	NS				5
10	Do you want to act cognitively with TJC for Self and Others?	Y	S	N	NS				4
11	Do you have the skill and tools to implement the principles of The Joy Codex in your life?	Y	S	N	NS				5
12	Are you willing to dedicate your time and energy to implementing The Joy Codex?	Y	S	N	NS				5

Sum Total: _____

Sum Total /10: _____

New Total*2: _____

KEY Y=YES, S=SOMETIMES, N=NEVER, NS=NOT SURE

****DAILY/WEEKLY/MONTHLY/QUARTERLY/ANNUALLY/NEVER /NOT SURE (pick one)**

Round Totals Up or Down to Nearest Decimal

Rankings

49-52 Joyful +
44-48 Joyful
39-43 Joyful -
33-38 Neutral +
27-32 Neutral
16-26 Neutral -
≤ 15 Unhappy

Key Score

Y	6
N	1
SOMETIMES	3
NOT SURE	2
DAILY	6
WEEKLY	5
MONTHLY	4
QUARTERLY	3
ANNUALLY	2
NEVER	1

Measurement Rules

In order to get the TJC Rank, multiply the Score column by the Weight column for each question.
Enter that number in the Total column. Add the Total column and enter that number in to the Sum Total field.
Divide the number in the Sum Total field by 10 and rounding up or down to the nearest decimal. Enter that number in the Sum Total / 10 field. Multiply the Sum Total / 10 field by 2, rounding up or down to nearest decimal.
Enter that number in the New Total*2 field. Compare that number to the Rankings and enter your ranking in the TJC Rank field at the top of the form. As an example, if I scored 39, I would write out Joyful-