THE JOY CODEX QUICK START   CLARITY

Name:_____   Date:_____   TJC Rank:_____

Pick one answer per question that best describes your action plan for success today.

		ANSWER				Score	Weight	Total
1	I know what TJC clarity entails for Self and Others today.	Y	S	N	NS		5	
2	I will operate with clarity for Self and Others today.**	Y	S	N	NS		4	
3	I will measure my performance as it relates to TJC today.	Y	S	N	NS		3	
4	I will mind the gap with intelligence and clarity today.	Y	S	N	NS		3	
5	I will incorporate the elements of compassion, integrity, responsibility, and clarity for Self and Others today.	Y	S	N	NS		3	
6	I will be aware of those moments that I operate with clarity for Self and Others today.	Y	S	N	NS		3	
7	I will set healthy boundaries with positive intent and clarity today, when applicable.	Y	S	N	NS		4	
8	I will communicate with positive intention and clarity for Self and Others today.	Y	S	N	NS		4	
9	I will identify the interactions that exhibit cognitive clarity for Self and Others today.	Y	S	N	NS		5	
10	I will complete the Quick Wrap Clarity worksheet today.	Y	S	N	NS		4	
11	I will complete the SOaR worksheet today.	Y	S	N	NS		5	

Sum Total:
Sum Total /10:
New Total*2:

KEY Y=YES, S=SOMETIMES, N=NEVER, NS=NOT SURE

Round Totals Up or Down to Nearest Decimal

Key Score		Measurement Rules	Rankings
Y	6	In order to get the TJC Rank, multiply the Score column by the Weight column for each question.	49-52 Joyful +
N	1	Enter that number in the Total column. Add the Total column and enter that number in to the Sum Total field.	44-48 Joyful
SOMETIMES	3	Divide the number in the Sum Total field by 10 and rounding up or down to the nearest decimal. Enter that	39-43 Joyful -
NOT SURE	2	number in the Sum Total / 10 field. Multiply the Sum Total / 10 field by 2, rounding up or down to nearest decimal.	33-38 Neutral +
		Enter that number in the New Total*2 field. Compare that number to the Rankings and enter your ranking	27-32 Neutral
		in the TJC Rank field at the top of the form. As an example, if I scored 39, I would write out Joyful-	16-26 Neutral -
			≤ 15 Unhappy